

**INDIANA ALL STAR RUNNING CLUB  
2011 USATF NATIONAL CHAMPIONSHIPS**

	TIME	WHO	WHAT
<b>FRIDAY, DECEMBER 9</b>	9:00 AM	Coaches	Packet Pick-Up
	11:00 AM	Team Bus	Arrive at Hotel
	12:30 PM	Coaches	Set-Up Team Tents
	1:15 PM	Team Bus	Depart Hotel for Course Review
	1:30 PM		<b>COURSE REVIEW</b> - runners in town by then
	2:30 PM	Team Bus	Depart Course for Hotel
		Team Bus	Depart Hotel for Convention Center (souvenirs)
	5:30 PM	Team Bus	Depart Convention Center for Hotel
	5:45 PM	Team Bus	Depart Hotel for Team Dinner (Carrabba's)
	6:00 PM		<b>TEAM DINNER</b> - for runners & families pre-registered
7:30 PM	Team Bus	Depart Carrabba's for Hotel	

<b>SATURDAY, DECEMBER 10</b>	6:45 AM	Team Bus	Depart Hotel for Course Review
	7:00 AM		<b>COURSE REVIEW</b> - runners missing Friday's review
	7:30 AM	Team Bus	Depart Hotel for Course (Sub-Bantams & Bantams)
	8:30 AM	SUB-BANTAM BOYS	Report to TEAM TENT
	9:00 AM	SUB-BANTAM BOYS	Report to STAGING AREA
	9:00 AM	BANTAM GIRLS	Report to TEAM TENT
	9:00 AM	Team Bus	Depart Hotel for Course (Midgets & Youth)
	9:30 AM	SUB-BANTAM BOYS	<b>RACE START</b>
	9:30 AM	BANTAM GIRLS	Report to STAGING AREA
	9:30 AM	BANTAM BOYS	Report to TEAM TENT
	10:00 AM	BANTAM GIRLS	<b>RACE START</b>
	10:00 AM	BANTAM BOYS	Report to STAGING AREA
	10:00 AM	MIDGET GIRLS	Report to TEAM TENT
	10:30 AM	BANTAM BOYS	<b>RACE START</b>
	10:30 AM	MIDGET GIRLS	Report to STAGING AREA
	10:30 AM	MIDGET BOYS	Report to TEAM TENT
	11:00 AM	MIDGET GIRLS	<b>RACE START</b>
	11:00 AM	MIDGET BOYS	Report to STAGING AREA
	11:00 AM	YOUTH GIRLS	Report to TEAM TENT
	11:00 AM	Team Bus	Depart Hotel for Course (Intermediates & Young)
	11:30 AM	MIDGET BOYS	<b>RACE START</b>
	11:30 AM	YOUTH GIRLS	Report to STAGING AREA
	11:30 AM	YOUTH BOYS	Report to TEAM TENT
	12:00 PM	YOUTH GIRLS	<b>RACE START</b>
	12:00 PM	YOUTH BOYS	Report to STAGING AREA
	12:00 PM	INTER. GIRLS	Report to TEAM TENT
	12:30 PM	YOUTH BOYS	<b>RACE START</b>
	12:30 PM	INTER. GIRLS	Report to STAGING AREA
	1:00 PM	INTER. GIRLS	<b>RACE START</b>
	1:00 PM	YOUNG WOMEN	Report to TEAM TENT
	1:30 PM	YOUNG WOMEN	Report to STAGING AREA
	2:00 PM	YOUNG WOMEN	<b>RACE START</b>
	2:30 PM	Coaches	Tear-Down Team Tents
	3:00 PM	Team Bus	Depart Course for Lunch & Convention Center
6:30 PM		<b>AWARDS CEREMONY</b> - Convention Center	
10:00 PM	Team Bus	Depart Myrtle Beach for Carmel	